Clinical Image



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Newborn with epispadias

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Clinical Image

A newborn was examined. The patient was born to 29-yearold women at 38 weeks and 5 days via normal spontaneous vaginal delivery. Prenatal care was uncomplicated. Fetal anatomy ultrasound and labs were within normal limits. Vital signs were stable and physical exam revealed atypical genitalia (Figure 1 and 2). Urinary incontinence with palpation of the abdomen was noted. Given the findings of absence of the dorsal aspect of the urethra and overlying skin we made the diagnosis of epispadias. Diagnosis is based on clinical and physical exam findings during routine newborn examination. Typical exam findings in males include short phallus, dorsal meatus, dorsal chordee, splaying of the corpora cavernosa and ventral foreskin [1]. Epispadias is a rare urogenital malformation resulting from failure of the urethral tube to tabularize on the dorsal aspect. The exact etiology of epispadias remains unknown however it is believed to be related to cloacal membrane development [2]. Isolated epispadias is rare with an incidence of 1 per 120,000 in males and 1 in 500,000 females [3]. The differential diagnosis for abnormal male genitalia includes classic bladder exstrophy, cloacal exstrophy, and hypospadias. A plain radiograph can be obtained to document pubic diastasis and an abdominal ultrasound to rule out associated congenital anomalies of the upper urinary tract, especially in patients with incontinent epispadias [1]. Treatment of epispadias is surgical. The aim of surgery is to reconstruct the urethra, close the defect, and provide optimal function and cosmetic results.



Figure 1: Epispadias. Dorsal meatus, dorsal chordee, splaying of the corpora cavernosa and ventral foreskin.



Figure 2: Epispadias. Short separation between penis and the umbilical stump.

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